

Aug 28 2025

STATE HEALTH PLANNING AND
DEVELOPMENT AGENCY**Cover Letter**

Arabella Health and Wellness of Selma
11 Bell Road
Selma, Alabama 36701

[Date]

State Health Planning and Development Agency
100 North Union Street, Suite 870
Montgomery, AL 36104

Attn: Executive Director

Re: Request for Reviewability Determination – Arabella Health and Wellness of Selma

Dear Executive Director,

On behalf of Arabella Health and Wellness of Selma, please find enclosed our Request for Reviewability Determination pursuant to SHPDA Rule 410-1-7-.02.

Arabella Health and Wellness of Selma seeks reviewability determination for the provision of Outpatient Therapy Services, including Physical Therapy, Occupational Therapy, and Speech Therapy, to be delivered at our facility located at 11 Bell Road, Selma, Alabama 36701.

As detailed in the enclosed request:

- No new equipment will be purchased.
- No land, building, lease, or construction costs are associated with this project.
- The only projected cost is the first year annual operating cost, estimated at \$500,000.

In compliance with SHPDA requirements, we have also enclosed the required \$1,000 filing fee.

We respectfully request your review and determination. Please feel free to contact me directly at 614-989-7511 or via email at amcmanaway@arabellahcm.com should you require additional information or documentation.

Thank you for your consideration of this request.

Sincerely,

Angela McManaway

Angela McManaway
Corporate Director of Therapeutic Services and Operations
Arabella Health and Wellness of Selma

Reviewability Request

STATE HEALTH PLANNING AND DEVELOPMENT AGENCY

100 North Union Street, Suite 870
Montgomery, Alabama 36104

REQUEST FOR REVIEWABILITY DETERMINATION
(SHPDA Rule 410-1-7-.02)

1. Name of Company Seeking Reviewability Determination:
Arabella Health and Wellness of Selma

2. Address and Contact Information for Authorized Representative:
Arabella Health and Wellness of Selma
11 Bell Road
Selma, Alabama 36701
Contact: Angela McManaway
Title: Corporate Director of Therapeutic Services and Operations
Phone: 614-989-7511
Email: amcmanaway@arabellahcm.com

3. Service Area for the Proposed Service/Equipment:
Dallas County, Alabama and surrounding service area.

4. New/Additional Services to be Provided Under the Proposed Project:
Provision of Outpatient Therapy Services including Physical Therapy, Occupational Therapy, and Speech Therapy.

5. Approximated Costs of the Proposed Project:

a. Equipment: \$0 (no new equipment required)

b. First Year Annual Operating Costs: \$500,000

c. Capital Costs:

i. Leases: \$0

ii. Land/Building Costs: \$0 (existing space to be utilized; no purchase required)

iii. Construction Costs: \$0 (therapy gym/hall has been recently renovated and includes its own entrance and separate bathroom)

6. Disclosure of Financial Interests:

Arabella Health and Wellness of Selma is a skilled nursing facility. No additional healthcare facilities or groups hold financial interest in the entity requesting the reviewability determination other than ownership/management through the Arabella Health and Wellness network.

7. Affirmation of Requesting Party:

The undersigned, being first duly sworn, hereby makes oath or affirms that she is the Corporate Director of Therapeutic Services and Operations of Arabella Health and Wellness of Selma, has knowledge of the facts in this request, and to the best of her information, knowledge, and belief, such facts are true and correct.

Affiant _____ (SEAL)

SUBSCRIBED AND SWORN to before me this August day of 22, 2025

Mary Alison Armstrong
Notary Public
My commission expires _____



Filing Fee: This request is accompanied by the required \$1,000 filing fee pursuant to SHPDA Rule 410-1-3-.09.

Arabella Health and Wellness of Selma

Date: 9/3/2025

Alabama State Health Planning and Development Agency

Re: Supplemental Information – Arabella Health and Wellness of Selma, Dallas County, Alabama

To Whom It May Concern:

In response to the Agency's request for supplemental information, please find the following clarifications regarding the proposed project for outpatient therapy services at Arabella Health and Wellness of Selma.

1. Ownership Structure

Arabella Health and Wellness of Selma is owned and operated by Arabella Health Management, LLC, which oversees and manages multiple health and wellness centers across Alabama. The facility at 11 Bell Road, Selma, AL 36701 is part of this ownership structure. No additional parties or entities are involved in ownership or financial interest in this proposed project.

2. Current Therapy Services

Arabella Health and Wellness of Selma currently provides inpatient therapy services, including physical therapy, occupational therapy, and speech therapy, to residents of its skilled nursing facility. Additionally, the facility provides short-term rehabilitation services for patients transitioning from hospital to home.

The proposed outpatient therapy services are intended to extend these same services to members of the broader Dallas County community and surrounding areas, who are not admitted as residents, thereby expanding access to rehabilitative care in the region.

3. Certificate of Need (CON) Thresholds

The proposed outpatient therapy services project at Arabella Health and Wellness of Selma does not involve any new major medical equipment purchases, capital expenditures, or construction costs. All therapy services will be provided using existing renovated therapy space, which has its own entrance and restroom facilities.

- Capital Expenditures: \$0 (no construction or renovation required).
- Major Medical Equipment: \$0 (existing therapy equipment is sufficient).
- New Annual Operating Costs: Approximately \$500,000.

Based on these factors, the project is below the applicable CON expenditure thresholds in effect at the time of this filing.

We appreciate your review and consideration of this request. Please do not hesitate to contact me

directly with any questions or requests for further clarification.

Sincerely,

Angela McManaway

Angela McManaway
Corporate Director of Therapeutic Services and
Operations Arabella Health and Wellness of Selma
Phone: 614-989-7511
Email: amcmanaway@arabellahcm.com